FIRST ANNUAL REPORT

For The Year Ending June 30, 1991

Providing
A Voice
For Seniors

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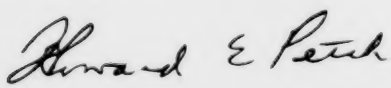
The Honourable Bruce Strachan
Minister of Health and
Minister Responsible for Seniors
Victoria, British Columbia

Sir:

I am pleased to present to you the First Annual Report of the Seniors' Advisory Council for the 12-month period ending June 30, 1991.

Yours truly,



Howard Petch
Chairman
Seniors' Advisory Council

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Chairman's Message

My first year as Chairman of the Seniors' Advisory Council has been one of great challenge as 1990/91 also has been the Council's inaugural year. It has been an active and rewarding time during which the Council has come to understand its mandate and determine how it may best be carried out, and to make itself known to the seniors' community of British Columbia.

Since the members of British Columbia's Seniors' Advisory Council were appointed in June of 1990, we have been getting acquainted with each other and sharing knowledge and expertise among ourselves as we identify the issues that most affect seniors in British Columbia.

As well as getting to know each other, Council members have also been getting to know this province's seniors and their concerns about regional issues. Of our six Council meetings during the year, three were held outside the Greater Victoria and Vancouver areas. At meetings held in Fort St. John, Chilliwack and Kelowna, Council had the opportunity of meeting with seniors and community groups. These meetings demonstrated to us the energy, depth and diversity of the senior constituency that we represent. We want to thank all those who attended these meetings and made presentations and invite all concerned to continue to keep Council informed of seniors' needs.

At Council's first meeting in June of 1990, the Minister asked Council to review the recommendations in *Toward A Better Age: Report of the British Columbia Task Force on Issues of Concern to Seniors* (TABA Report) and to advise him on priority issues in this report. Thus, the focus of Council's most

extended deliberations during the past year was on the TABA Report recommendations. Council was pleased to review this document and to advise the Minister as requested. The exercise was also invaluable for Council in its developmental stage as it provided the opportunity to survey the whole range of seniors' issues and locate areas which require its further attention.

In subsequent meetings, the Minister specifically requested advice from the Council on a number of emerging issues. Of these, Council is looking forward to completing its deliberations on information for seniors and elder abuse in order to provide the Minister with the most informed and sound counsel.

As well as offering advice to the Minister through formal recommendations and briefs, the Council has met regularly with the Minister during the past year and enjoyed an ongoing and informal dialogue with him. The Minister's availability and generosity with his time has added depth and integrity to the meaning of Council's advisory role.

In October of 1990, Victoria hosted the Canadian Association on Gerontology's annual meeting, at which time provincial seniors' advisory bodies, government seniors' secretariats, and the National Advisory Council on Aging met to discuss their mandates and activities. These talks provided Council representatives with an opportunity to meet their counterparts from other areas of Canada and to gain a national perspective on seniors' issues.

In the fall of 1990, the Council made a written submission to the Royal Commission on Health Care and Costs which was mandated to review the British Columbia health care system. This submission was formally presented to the Commission in January 1991 at its Victoria hearing. Council's submission was

largely based on the health recommendations in the *Toward A Better Age* Report and *The National Advisory Council on Aging Position On Community Services in Health Care For Seniors*, and emphasized Council's commitment to community-based care and to a holistic approach to health and wellness. The Royal Commission provided Council with the opportunity to make known its views on the wide range of health issues of importance to seniors.

The conclusion of Council's inaugural year and the beginning of its second year is in June, a time when we celebrate Seniors' Week in British Columbia. This year the theme for Seniors' Week was "Aging: Time For A New Attitude." This theme echoes one of the most challenging, yet most important purposes of the Seniors' Advisory Council – to foster positive attitudes towards aging and a better understanding of the elderly.

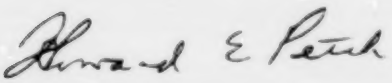
The need to change society's attitudes is at the very root of the issues with which we deal. We are currently focusing much of our attention on three issues: the need for appropriate and timely information on services and programs for seniors; the need for financial security for seniors to help them maintain their independence; and, the need for personal security for seniors, without the threat of physical, financial or emotional abuse. While such specific topic areas are the substance of our deliberations, we recognize that the resolution of these and other seniors' issues hinges on society's learning more about what it means to grow old, deepening its understanding of seniors' experience, and correcting the prejudice against seniors which has been called ageism.

I want to thank our 19 Council members who worked so hard during this first year to ensure that the Seniors' Advisory Council got off to a strong and purposeful start. Thanks are also extended to the staff of the Office for Seniors –

Margaret Farley, May Wong and Catherine Luke – for their support which helped ensure that the proceedings of Council were smooth and effective. I would also like to thank Paul Pallan, Executive Coordinator of the Office for Seniors, for his assistance and encouragement.

In closing, let me say that we look forward to our second year of Council work with continued enthusiasm and with our sense of individual commitment to seniors greatly enriched by our past year of working together.

Respectfully submitted,



Howard Petch
Chairman
Seniors' Advisory Council

Council's Mandate

The Seniors' Advisory Council was established under the *Seniors Advisory Council Act* passed in June of 1989.

The members of Council are appointed by the Lieutenant-Governor in Council. The Seniors' Advisory Council consists of a chairperson, who shall be designated by the Minister Responsible for Seniors, and not fewer than 14 other members.

Members of the Council are appointed for two- or three-year terms and may be re-appointed for one additional term. Members are selected with due consideration for regional representation, age, gender, ethnicity and relevant experience.

The mandate of the Council is:

- to advise the Minister Responsible for Seniors on current and future issues of concern to seniors of the Province
- to represent the interests of seniors throughout the province
- to maintain close communication links with major seniors' organizations and organizations involved in providing services to seniors.

The Council fulfills its mandate by:

- holding at least four Council meetings a year, at least two of which are held outside the Greater Victoria/Vancouver areas
- meeting with seniors and community groups to share information and concerns
- reporting to the Minister Responsible for Seniors at least once a year via an annual report and providing the Minister with advice as requested or necessary.

In this way, the Council identifies and examines the major issues concerning seniors. Through the work of committees and task forces, the Council develops recommendations which are forwarded to the Minister Responsible for Seniors.

The Seniors' Advisory Council is not a funding body, does not undertake case management or advocacy on behalf of individuals or organizations and is not involved in the delivery of programs.

The mandate and role of the Seniors' Advisory Council are described in a brochure which has been developed to publicize the Council. This brochure is available upon request from the Office for Seniors.

Membership of Council

Standing, left to right: Fred Pope, Gerald Hodge, Sheila Jones, Bill Goldy, Lois Cutler, Gil Seabrook, Jall Alfred, Willy Olesen.

Seated, left to right: Frank Calder, Jeanie Tronningsdal, Herman Griemann, Kay Stovold, Howard Petch, Kyoshi Shimizu, Louis Gair, Mish Vadasz, Murray Mawhinney.

Absent: Pritam Lidder, Grace Young.

Members of Council

HOWARD PETCH, CHAIRMAN, *Victoria*, was President of the University of Victoria for 15 years. During that time, he developed the university into an internationally-respected academic institution. He also demonstrated a sensitivity to the disabled, women, native people, rural residents and other minority groups.

ELIZABETH "JALL" ALFRED, *Vancouver*, of the Kwakiutl Nation, is President and Coordinator of the Vancouver Native Elders' Society. She has expertise in urban native elder issues.

FRANK CALDER, *Victoria*, is an active member of the Nisga's Elders' Conference. For 26 years as MLA, he worked toward the resolution of the needs of Natives in the British Columbia Northwest.

LOIS J. CUTLER, *Kamloops*, is a producer of television shows focusing on seniors' nutrition. She coordinates "Plus 50" showcases, conducts tours and is a dedicated community volunteer.

LOUIS A. GAIR, *Terrace*, is a member of the Seniors' Advisory Commission of Terrace and is also involved in the Provincial Emergency Program and the Old Age Pensioners' Organization.

BILL GOLDY, *Nanaimo*, is founder of a society which provides a variety of seniors' services. He is a consultant with interests in seniors, tourism and economic development.

HERMAN J. GRIEMANN, *Sardis*, a former RCMP Chief Superintendent, had served 38 years when he retired in Winnipeg as head of criminal operations. His contacts with seniors have ranged from security and criminal vulnerability matters to delivery of meals-on-wheels.

GERALD HODGE, *North Vancouver*, has taught at UBC, Queens and Simon Fraser Universities. He is a consultant on housing, transportation and services for seniors living in small towns and rural areas.

SHEILA JONES, *North Vancouver*, has worked with seniors for 20 years and is now Chair of the North Shore Seniors' Health Planning Project. She is also active in "Keep Well" and other seniors' organizations.

PRITAM SINGH LIDDER, *Vancouver*, is a seniors citizens' counsellor and President of the Mosaic Indo-Canadian Senior Men's Group. He has extensive involvement in the multicultural community.

MURRAY J. MAWHINNEY, *Prince George*, is a Past President of the 500-member Prince George Senior Citizens Activity Centre. As President of the Prince George Multiple Sclerosis Society, he is interested in housing and transportation issues for the disabled.

WILLY OLESEN, *Fort St. John*, is Administrator/Chaplain of the Peace Lutheran Care Centre, an innovative complex for seniors that provides housing and multi-level care services.

FRED POPE, *West Vancouver*, having retired from Air Canada with 35 years of service, has served on a number of boards in his community, including the North Shore Counselling Centre.

A.G. (GIL) SEABROOK, *Vernon*, has had an extensive career in the broadcasting industry. Since 1988, he has been President of the Schubert Centre Society, a membership-owned facility which serves seniors through social, outreach and meal programs.

KYOSHI SHIMIZU, *Victoria*, formerly a social worker, is currently on the boards of several seniors' organizations, at the local, provincial and national levels. She is also a resource person on matters related to senior Japanese Canadians.

KAY STOVOLD, *Vancouver*, is a senior citizens' counsellor who is also active in a number of seniors' organizations. She chairs the Health Sub-Committee for the Vancouver Special Advisory Committee on Seniors.

JEANIE TRONNINGSDAL, *Creston*, a nurse, has associations with the three long-term care facilities in Creston. She has had an extensive career in health care administration and health organizations.

MISH VADASZ, *Vancouver*, a social worker, is associated with the B.C. Council for the Family Seniors' Committee and the SPARC Committee on Elder Abuse. She teaches seniors' peer counselling and develops support groups for the B.C. Arthritis Society.

M. GRACE YOUNG, *Parksville*, a retired nurse, is coordinator of District 69 Senior Peer Counselling. She is also a Victims' Assistance counsellor working with the RCMP in Parksville.

Resignations

JAMES ROBERT CORLEY, *Chilliwack*, is a former RCMP superintendent. He has worked with Native groups and has been an advisor to the Prince George Multicultural Society.

PAT DUKE, *Vernon*, the former Mayor of Lumby, chaired the Board of the North Okanagan Regional Hospital District for 17 years and was President of the Union of British Columbia Municipalities in 1977.

Council's Task Forces and Committees

Elder Abuse Task Force

The mandate of the Elder Abuse Task Force is:

- to assist Council in fulfilling its role in addressing the issue of elder abuse and responding to the Minister's requests for advice
- to recommend to the Council on the principles to guide the Province's response to elder abuse
- to assist Council in reacting to and reviewing Government elder abuse initiatives
- to provide the Council with information, advice and recommendations on elder abuse.

The members of the Elder Abuse Task Force are:

Herman Griemann, Chair
Murray Mawhinney
Willy Olesen
Howard Petch
Mish Vadasz

Financial Security Task Force

The mandate of the Financial Security Task Force is:

- to address issues regarding seniors' income and areas of poverty
- to provide information, advice and recommendations to Council regarding current and future requirements of income security programs.

The members of the Financial Security Task Force are:

Sheila Jones, Chair
Bill Goldy
Howard Petch
Fred Pope
Gil Seabrook

Information Task Force

The mandate of the Information Task Force is:

- to provide the Seniors' Advisory Council with advice on how to ensure, through effective information dissemination, that seniors and their families/caregivers have access to government/community programs and services. This advice will in turn be communicated to Council as a whole where it will serve as the basis for Council's recommendations to the Minister.

The members of the Information Task Force are:

Gerald Hodge, Chair
Jall Alfred
Howard Petch
Kay Stovold
Jeanie Tronningsdal

Liaison and Communications Committee

The mandate of the Liaison and Communications Committee is:

- to prepare plans to develop an inter-relationship between Council, British Columbia seniors and their associations which will foster goodwill and credibility.

The members of the Liaison and Communications Committee are:

Kyoshi Shimizu, Chair
Frank Calder
Lois Cutler
Louis Gair
Bill Goldy
Sheila Jones
Howard Petch

Council Activities

Review of the Toward A Better Age Report

The first priority of the new Council was to review the recommendations contained in *Toward A Better Age: Report of the British Columbia Task Force on Issues of Concern to Seniors* (TABA Report).

The many recommendations included in the TABA Report are organized under six major topic headings: health and wellness; financial security; choices in housing; transportation access; personal security; and social and personal fulfillment. In reviewing individual topics, Council discussed each recommendation and determined the progress which has been made in that area and its relative importance in terms of other recommendations. Through this process, a list of priority issues which Council believes require the attention of the Government was established. It also became clear what issues will require Council's further attention.

Health and Wellness

Based on its understanding of the National Advisory Council on Aging (NACA) and the World Health Organization (WHO) definitions of health, the Seniors' Advisory Council agreed that health and wellness for seniors involve more than the traditional medical model of care allows; health and wellness involve assessing and ministering to the whole person, taking into account personal history, special circumstance, age, and unique vulnerability.

Council supported the recommendations in the TABA Report related to health and agreed that the following health issues should be top priority for Government attention:

- community-based care
- education and training for professionals and non-professionals
- access to information and services
- psychogeriatric and mental health care
- drug and alcohol misuse among the elderly.

Financial Security

Council supported the recommendations in the TABA Report related to financial security and identified the following issues as needing further attention:

- pension deficits
- the *Income Tax Act*
- women without pensions
- low-income persons in 55-65 age group
- remarriage and continuation of survivors' benefits
- difficulties in application procedures
- anomalies in CPP for surviving spouse
- pension indexing.

Council referred issues of financial security to a newly-established task force for in-depth consideration.

Choice in Housing

Council supported the recommendations in the TABA Report related to housing. Council was particularly concerned about supportive housing and the status of the joint Ministry of Health/Ministry of Social Services and Housing study of this issue. Council was also more generally concerned about the availability of accessible and affordable housing for seniors.

Transportation Access

Council supported the recommendations in the TABA Report related to transportation. Council also asserted that housing and transportation are integrally related. Further, Council has recommended that the appropriate ministries of the Government of British Columbia be asked to prepare planning guidelines for the use of municipal and regional governments that incorporate recognized principles of location and accessibility for seniors in regard to the planning, development or redevelopment of housing, transportation and community services.

Personal Security

Council supported the recommendations in the TABA Report related to personal security. Council particularly supports the principle of additional emphasis being placed on the issue of elder abuse and is examining the issue more closely through a task force.

Council also reaffirmed its position with respect to living wills. Council believes that legislation making living wills legal is not necessary but that there is a need to educate the public about the use of living wills and about how to make their wishes regarding medical intervention known to family and physicians.

Social and Personal Fulfillment

Council supported the recommendations in the TABA Report related to social and personal fulfillment with the exception of two. The recommendation for a provincial seniors' volunteer recognition program was not supported as it was felt that individual seniors should not be singled out provincially. Moreover, volunteers are honoured during Volunteer Week, and Seniors' Week provides another opportunity for recognition

of the valuable work of volunteers. The recommendation to establish a seniors' award through the Lieutenant Governor was not supported for many of the same reasons.

The recommendations regarding access to social, recreational and cultural programs and free admission to events upon presentation of the gold CareCard were supported in principle, although it was felt that these areas require more study before any specific proposals could be made.

Other Issues

As a result of its review of the TABA Report recommendations, Council identified the following additional issues of importance:

- native and ethnic seniors
- women and aging
- the needs of the frail elderly
- spirituality in long term care facilities
- sexual needs of seniors in long term care facilities
- access to services
- social and mental isolation
- access to transportation services for seniors with disabilities
- intercity bus transportation
- need to increase Homeowner Grant
- availability of support services
- availability of affordable rental housing
- problems of mobile home owners
- home sharing
- design guidelines for seniors' housing should include consideration of wider environment.

Council will be ranking these issues according to their importance and dealing with them in the future. Priorities for the next year will be determined at Council's strategic planning session scheduled for September of 1991.

Submissions to Public Bodies

Advice to the Senate Committee on Health Education, University of Victoria

In October of 1991, the Council wrote to the University of Victoria's Senate Committee on Health Education. In its letter of advice, the Council drew to the attention of the Committee two recent reports and their recommendations which Council endorses, *Towards A Better Age: Report of the British Columbia Task Force on Issues of Concern to Seniors* (TABA Report) and *The National Advisory Council on Aging Position On Community Services in Health Care For Seniors* (NACA).

Council pointed out to the Senate Committee the importance of shifting the emphasis from institutional care to community-based care for the elderly. Thus, Council emphasized that health care education should reflect this shift in emphasis and be based on the principle that the elderly must be assisted in remaining independent and living in the community for as long as possible.

Council's advice to the Committee also emphasized that the health care situation of the elderly tends to involve long-term chronic conditions, rather than acute episodic health problems. The Council was concerned that the current training and education of health care professionals is too heavily weighted on the side of acute care.

Council also noted that demographics suggest the importance of ensuring that there is an adequate supply

of appropriately-trained health professionals and related care-givers who are able to address the special needs of the elderly.

Council also recommended that basic and clinical research be undertaken in the areas of the aging process, related diseases, and the impact of different interventions.

Submission to the Royal Commission on Health Care and Costs

In its submission, the British Columbia Seniors' Advisory Council brought to the attention of the Royal Commission on Health Care and Costs the special health needs and requirements of senior citizens. The Council stated that the health care system must be sensitive to the special needs of all vulnerable populations, among which the elderly form a significant and growing group.

The Council's submission to the Royal Commission highlighted two recent reports, *Towards A Better Age: Report of the British Columbia Task Force on Issues of Concern to Seniors* (TABA Report) and *The National Advisory Council on Aging Position On Community Services in Health Care For Seniors*, and reviewed their guiding principles and recommendations in terms of the health care needs of seniors.

The submission summarized three fundamental considerations which are crucial in understanding the health needs of the elderly:

- the natural process of aging and its accompanying characteristics
- the complexity and chronicity to which the health of the elderly is prone
- the significant impact of socioeconomic circumstances on the overall health of seniors.

Based on these three important determinants, the submission emphasized the importance of the education and training of all those, professional and non-professional alike, who care for the elderly. Similarly, the Council argued that the present mode of delivery of health services to seniors could be improved to better accommodate the health needs of seniors.

Although the provision of appropriate and sensitive health services is vital, it is also important to ensure that seniors are aware of such services and able to use them. The submission pointed out the importance of ensuring access to services through providing seniors with information about health and health services and assistance with obtaining appropriate services.

The submission emphasized the importance of ensuring that native seniors, older women, ethnocultural seniors, disabled seniors and seniors with low literacy levels have equal access to the health care system.

Access to Information

At the Council's first meeting in June of 1990, the Minister requested that Council advise him on the matter of how to ensure, through effective information dissemination, that seniors, their families and caregivers have access to programs and services.

Council has responded to this request by establishing an Information Task Force to study this complex and important issue.

Council made an initial set of recommendations to the Minister regarding the development of a toll-free information line and the distribution of the new information booklet, *Information for Seniors: Your Guide to Programs and Benefits*

in British Columbia. Members of Council also reviewed and offered advice on the design and content of this publication.

Council considers printed information and a toll-free information line only part of a larger information system. Council believes that a truly comprehensive system of information and assistance for seniors would include the following:

- local information networks
- training for professionals and key volunteers to disseminate information
- assessment and follow-up of individual needs
- outreach to isolated seniors
- the provision of information and access to services to seniors whose first language is not English
- the provision of information and access to services to seniors who have literacy problems
- the provision of information and access to services to seniors with disabilities
- information needs of the rural elderly
- information for seniors about their benefits.

The Task Force will be studying these issues and making recommendations on them in the future.

Abuse of the Elderly

The Minister also asked Council for its advice on the issue of the abuse of the elderly. Council responded by reviewing the current situation in B.C. and other jurisdictions and appointing a task force to study the matter more closely.

In addition, Council has requested that the Minister keep it informed of Government policies, procedures and other

initiatives related to the abuse of the elderly so that Council may review them prior to implementation.

Public Relations and Public Education

In addition to publicity through media coverage of Council and its meetings, a number of other media events have raised Council's profile. The Council Chairman has been interviewed for radio, television and newspaper in several communities. Thus, the media has reported on Council and on emerging issues of concern to seniors. In addition, Council members have been featured on the CBC program, *Best Years*, as well as a Knowledge Network program on family violence.

Liaison

From its inception, Council has understood the importance of maintaining close communication links with seniors' organizations within British Columbia, as well as with other provincial seniors' advisory councils and the national seniors' advisory council.

Council's Liaison and Communications Committee is a standing committee with the objective of enhancing Council's relations with the seniors' constituency it represents.

In July 1990, Council invited Mary Hill, British Columbia's representative to the National Advisory Council on Aging (NACA) to address its meeting. Hill described the role of NACA, its operations, and its method of preparing position papers on issues of concern to seniors.

In October, representatives of Council attended a joint meeting of NACA and provincial advisory bodies from across Canada, held in Victoria. This meeting involved sharing information about current activities and future plans and discussions of areas of mutual concern.

Consultations

Toward A Better Age Task Force

At the Council's July 1990 meeting in Richmond, Bea Holland, Co-Chair of the Toward A Better Age Task Force, addressed Council with background information on the work of the Task Force and the TABA Report.

Public Meetings

At the Council's three 1990/91 meetings held outside the Greater Victoria and Vancouver areas – in Fort St. John, Chilliwack and Kelowna – Council met with local seniors, seniors' organizations and service providers at forum-style meetings. Issues raised at these meetings included transportation, elder abuse, services for Native seniors, community-based care, training for caregivers, prescription drug use, and housing.

Elder Abuse

At the Council's January 1991 meeting in Sidney, Council met with Elizabeth Hamlet, Manager of Social Work at the Victoria Hospital Society, and Pearl McKenzie, Legal Information Counsellor at North Shore Community Services, regarding the issue of elder abuse.

Registered Nurses Association of British Columbia

At the Council's January 1991 meeting in Sidney, Council met with representatives of the Registered Nurses Association of British Columbia (RNABC) and discussed the role of nursing in the care of the elderly.

B.C. Transit

At the Council's January 1991 meeting in Sidney, Council met with representatives of B.C. Transit to discuss accessible public transit, handiDART and paratransit services throughout British Columbia.

Conferences and Meetings

During 1990/91, Council was represented at the following conferences and meetings:

- Annual Scientific and Educational Meeting of the Canadian Association on Gerontology (Victoria, October 1990)
- B.C. Stroke Association Convention (Vancouver, October 1990)
- British Columbia Medical Association, Native Health Conference (Vancouver, February 1991)
- Premier's Advisory Council on Persons with Disabilities (Vancouver, February 1991)
- Chilliwack Community Policing Access Centre's Opening (Chilliwack, March 1991)
- Victoria Gerontology Association's Annual Meeting (Victoria, April 1991)
- Caring Communities' Conference (Toronto, April 1991)
- "Family Violence: A Cross-Cultural Perspective" (Vancouver, May 1991)
- Seniors in Action (Vancouver, May 1991)
- "Abuse of the Elderly: A Shared Problem" (Vancouver, June 1991)
- Annual General Meeting of the First Seniors' Resource and Research Society (Vancouver, June 1991)
- Information Sharing '91: Health and Welfare Canada (Hull, June 1991)
- "Planning Today for a Good Age Tomorrow," One Voice National Conference (Moncton, June 1991)

For further information on the
Seniors' Advisory Council, contact:

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